Learning Plan Page \_1\_ of \_2\_\_

Name: \_\_Dawn Reid\_\_\_\_\_\_\_\_\_\_\_ Course Number: Nurse2010\_\_\_\_\_\_

Course Name: Clinical Practice\_ Area of Practice: Maternity LHO

Competency Category

*(Indicate with a check which competency category this page refers to)*

**X Professional Responsibility**

**X Knowledge-based Practice**

**X Ethical Practice**

**X Service to the Public**

**X Self-Regulation**

**Goals**

**My Goal is to improve and to enrich my knowledge on Assessments by becoming more confident and competent in the areas of Post-Partum Assessments and Neonate Newborn Assessments.**

1. This shows professional responsibility by showing the roles and responsibility of being a Nurse and taking responsibility for actions and tasks completed by the nurse. Assessments and understanding what they mean being one of them.
2. This shows Knowledge based practice because you must have the knowledge and skill to do Assessments and draws from the knowledge base of anatomy and physiology.
3. This goal demonstrates ethical practice because it establishes and maintains a caring environment that supports clients to achieve optimal health outcomes, goals to manage illness or a peaceful death. Knowing when Assessments are necessary and acting upon the results would be an outcome.
4. This goal ties in to Service to the public by protecting others from harm. It is important with Assessments as the nurse could catch an underlying problem before it gets worse, doing Assessments properly and understanding their meanings may prevent harm from the patient.
5. This goal involves self-regulation because It is a new area of assessment skill for me and it is seeking and using new knowledge that may enhance, support or influence competency in practice

**Activities, Necessary Resources and Timeframes to achieve my goal?**

I will require my blood pressure cuff, stethoscope, Watch as well as good listening skills and observation skills. I will need to seek the knowledge of assessments required in Maternity care and the proper times to be assessed as well as the minimum and maximum critical point allowed by those specific assessments such as Neonate heart rate as well as temperatures and post-partum specific assessments required on mom. I will take every opportunity during the duration of my clinical placement to observe and participate in Maternity clinical assessments. I will seek training from my clinical instructor and from my Placement Nurse. I will complete within a time frame of October 4th to December 2013.

Evaluation

***How will I know that I have achieved my goal?***

I will know that I have achieved my goal by keeping track of all Assessments I have accomplished in a journal with dates. I will be able to do Assessments with competence and accuracy tested by my clinical instructor.

My learning plan addresses:

* **Self Reflection**

**X Course Learning Objectives**

* **Consideration to previous evaluation**

**X Cumulative and Appropriate for educational level**

Signature: Dawn Reid Date: October 2, 2013